

# Around the Schools

... a publication for and about Westlake City Schools employees

## Employee Health Screening

WCS and Medical Mutual are teaming to offer a free health screening for all school employees, spouses and their dependents over age 18 who participate in our medical plan. There is a \$46 fee for anyone who is not a medical plan participant. The screening will be held Tuesday, Oct. 13, from 7am to 6pm at the Board Office.

There are five stations in the health screening, including a non-fasting finger stick to measure total blood cholesterol levels, HDL and glucose. results take about 5 minutes. You will have your height, weight and body mass index, waist circumference and blood pressure taken. At the last station you can review your results with a nurse health educator.

Appointments last about 20 minutes. Register beforehand on MedMutual.com and complete the Health Risk Assessment prior to your appointment.

To schedule an appointment call Vicki Beck at x. 7300 by Oct. 7.

## Draft standards

The Council of Chief State School Officers and the National Governors Association Center for Best Practices released draft common core standards for English language arts and mathematics.

Ohio has been participating in the Common Core Standards Initiative with 50 additional states and territories. The public comment period ends Oct. 21. To review and comment visit [www.corestandards.org](http://www.corestandards.org).

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## 20/20 Vision Committee reconvenes

The district reconvened the 20/20 vision Committee last week to provide an update on the facilities process and expand committee membership to further advance the master facilities planning project.

Business, staff, administration and community representatives will be added to the committee to provide further input into the final draft of a plan that will specifically outlines the district's facilities goals for the future. Check back on our web site at [www.wlake.org/facilities](http://www.wlake.org/facilities) for updates on this process.

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## Continuing education

Ashland University has partnered with Virtual Education Software inc. to offer graduate level continuing education courses for K-12 educators on CD-ROM or online. Visit <http://www.virtualeduc.com/e-announcements/ashland-university/ashland.htm> for updated fall course offers.

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## New medical cards

Medical Mutual will issue new cards to all users during the month of October. These cards in no way reflect any changes in coverage. They simply look and read a little differently than your current card. If you do not receive a card by Oct. 31, contact Human Resources Director Mike Laub at [laub@wlake.org](mailto:laub@wlake.org). Your old card CAN still be used to process claims until you receive a new card.

## WHS recycles

Did you know?

The Westlake High School PTSA recycles empty computer cartridges, both laser and ink jet, as well as old cell phones and black berries. Anyone who would like to donate them to the WHS PTSA can send them over to WHS office marked PTSA computer recycling. The PTSA receives cash and/or paper in exchange for the cartridges.

Support this green initiative. Any questions can be addressed to Laurie Bowles at (440) 835-2376.

## Show & Tell

"The Latest on Drugs: A Show and Tell" will be held from 6 to 10 p.m. on Tuesday, Oct. 27 in the WHS Media Center. The open house format will feature Westlake School Resource Officer Scott Fortkamp, along with a representative from the West Shore Enforcement Bureau.

This initiative is being driven by the Westlake Wellness Coalition.



**Actor/comedian John Morello performs 'DIRT' for WHS students last week.**

**Around the Schools is published weekly online by the Westlake City Schools communications department. Please forward information for publication to Communications Coordinator Kim Bonvissuto at the Administration Building, or call (440) 250-1258 or email [bonvissuto@wlake.org](mailto:bonvissuto@wlake.org) Deadline for submitting materials is Wednesday at Noon.**

**The Westlake City School District is an Equal Opportunity/Affirmative Action agency and does not discriminate on the basis of race, color, religion, gender, national origin, age, political affiliation or disability.**

## Physical Education content standards training

The State Board of Education adopted standards for physical education at its June 2009 meeting. ODE will hold free workshops to help educators learn how to incorporate the standards in their local curriculum on:

- \* Monday, Oct. 12, Findlay
- \* Thursday, Nov. 19, Athens

- Friday, Nov. 20, Cincinnati

Additional workshops will be scheduled throughout the school year.

Space is limited and pre-registration is required. Individuals must register through STARS using a SAFE Account. If you do

not have a SAFE account, you can obtain one at <https://safe.ode.state.oh.us/portal/>.

For additional information, visit [education.ohio.gov](http://education.ohio.gov) and click on the Events link or contact Lisa Lyle Henry at [lisa.henry@ode.state.oh.us](mailto:lisa.henry@ode.state.oh.us).

## Great Programming on WHBS

- Sept. 28 A: Varsity girls soccer v. Mayfield (9/21)  
B: Varsity girls tennis v. Laurel (9/24)
- Sept. 29 A: Varsity volleyball v. Amherst (9/22)  
B: Varsity girls tennis v. Laurel (9/24)
- Sept. 30 A: Varsity boys soccer v. Midpark (9/23)  
B: Rose Arch king & queen (9/25)
- Oct. 1 A: Homecoming parade -- pregame -- halftime (9/25)  
B: Rose arch king & queen (9/25)
- Oct. 2 A: Varsity football v. Amherst (9/25)  
B: The Demon Zone: Episode #5
- Oct. 3 A: Varsity football v. Amherst (9/25)  
B: The Demon Zone: Episode #5
- Oct. 4 A: Varsity football v. Amherst (9/25)  
B: The Demon Zone: Episode #5

**Program A begins at: 8am, Noon, 4pm, 8pm, Midnight, 4am**

**Program B begins at: 10:10am, 2:10pm, 6:10pm, 10:10pm, 2:10am, 6:10am**

**WHBS sponsor credits begin at: 7:50am, 3:50pm, 7:50pm, 11:50pm, 3:50am**