



The Westlake City School & Project Link Present: Lifetime Karate

Lifetime Karate has practiced the Korean Martial Art, Tae Kwon Do on the west side of Cleveland for over the 28 years. We have honed and designed our program as a non-violent art system that may be practiced for the rest of your life; a lifetime. It is physical, mental and philosophical in discipline. Physically students will develop coordination and a strong body. Mentally students will build self-confidence, self-control and perseverance. Philosophically students will learn respect, humility, integrity and courtesy. All aspects of the five tenets of Tae Kwon Do. Please feel free to contact Lifetime Karate at: SEIDELJ7@gmail.com or the Project Link office at 440-835-6306. This program is offered for all ages beginning at 5 to adult. Classes are offered on Wednesday evenings and Saturday afternoons in 6 week sessions.

Wednesday Classes in the: Gym at Westlake Elementary -27555 Center Ridge

White Gold & Blue Belts: 6:30 P.M. – 7:25 P.M. - \$40.00 Residents/\$45.00 Nonresidents

Green Belts & above: 6:30 P.M. - 7:25 P.M. - \$50.00 Residents/\$55.00 Nonresidents

Saturday Classes are in the PAC Lobby at Westlake High School-27830 Hilliard Blvd

White, Gold & Blue Belts: 2:00 P.M. – 3:00 P.M. - \$40.00 Residents/\$45.00 Nonresidents

Green Belts & above: 1:30 P.M. – 2:30 P.M. - \$50.00 Residents/\$55.00 Nonresidents

Spring Session I: 3/16 – 4/30 (No Classes 4/16 and 4/20)

Spring Session II: 5/04- 6/18 (No Classes on 5/28 and 6/01)

Participant's Name _____

Day/Session(s) Enrolling _____

Level: _____ Age _____ Grade _____ School _____

Address _____

Parent's Names _____

Phone #1 _____ Phone #2 _____

Email Address: _____

Please make checks/money orders payable to the Westlake Board of Education and submit at The Westlake City Schools Administration Building, any school office or Project Link site. Credit card payments may be submitted via EZ Pay by clicking Activity Fees and Project Link Enrichment Activity!

LTK -2022

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