Get Involved at LBMS!

ATHLETICS

Contact LBMS Athletic Director Dennis Sullivan for questions: sullivan@wlake.org
All athletic forms can be found at http://www.wlake.org/parents/parent-resources/forms-documents

Fall Sports	**Winter Sports**	**Spring Sports**
Boys/Girls Cross Country Boys Football Girls Football Cheerleading Girls Volleyball	Boys/Girls Basketball Girls Basketball Cheerleading Boys Wrestling	Boys Baseball Girls Softball Boys/Girls Track

EXTRACURRICULARS

Activity	Advisor(s)	Contact Information
Academic Challenge	Mr. John Packis and Mrs. Sandy Packis	packis@wlake.org, packiss@wlake.org
Aevidum	Mrs. Saskia Romeo	Romeos@wlake.org
Book Club	Mrs. Trish Kosik	kosik@wlake.org
Builder's Club	Mrs. Casey Persia and Mrs. Meg Sherban	persia@wlake.org, sherban@wlake.org
Club W	Mrs. Nancy English	englishn@wlake.org
Drama Club	Mrs. Joy Smith	joybird41@sbcglobal.net
Jazz Ensemble	Mr. Scott Rovniak	rovniak@wlake.org
Science Olympiad	Mrs. Laura Lathem	laura.lathem@gmail.com
Ski & Snowboard Club	Mrs. Michele Dallas	dallas@wlake.org
Student Council	Mrs. Sara Latkowski	latkowski@wlake.org
Wellness Yoga Club	Mrs. Angela Siciliano	angelasd9@gmail.com
Yearbook	Mr. Paul Hammond	hammond@wlake.org

See reverse for activity description.

Academic Challenge	Academic Challenge team practices occur once a week from late fall to early spring. Students are asked questions about various academic topics and use a system to buzz in their answers. Team members are expected to regularly attend practices and compete in tournaments. Students have been very successful competing in local, state, and national tournaments. In the fall of 2015, LBMS finished first in the 3-2-1 National Academic Competition.
Aevidum	Aevidum is a student-run club that helps empower students to be advocates and catalysts for change in their school and community, raising awareness and breaking the silence around mental illness. The group is intended to be a space where students learn about mental health and bring together their ideas for creating and sharing positive, caring, supportive and educational message about mental illness and mental wellness.
Book Club	Book Club meets once a month to discuss the book that we read the prior month. All books are provided to the students. Our goal is to promote literacy and a love of reading.
Builder's Club	Builder's Club is a community service club, related to Kiwanis, that works toward helping people, groups, businesses, and charities. Our goal is to help make our community and world a better place by volunteering and giving to others. Meetings generally two times a month. We work on one service project a month, such as Adopt A Family, food pantry collections, animal shelter projects, etc.
Club W	Club W will be open each morning and every afternoon. The club is an age appropriate program under the Project Link umbrella which provides opportunities to attend LBMS athletic events, academic and homework assistance, service projects, mentoring elementary schools students, and other various activities.
Drama Club	Drama Club meets every twice a week. Performers, artists, and interested parties are welcome! Fall play auditions will start immediately; crew helps create sets and props. A second play will be scheduled for winter.
Jazz Ensemble	Jazz Ensemble is BY AUDITION for interested 7th and 8th grade instrumentalists. Piano & guitar players are also encouraged. Rehearsals are after school on Thursdays.
Science Olympiad	Science Olympiad competes in Science (STEM) tournaments from December through April. Some events have set practice times, while others are student driven. Tournaments are held on Saturdays. Parent involvement is encouraged.
Ski & Snowboard Club	Ski & Snowboard Club is for students in grades 5-12 who would like to learn to ski or snowboard as well as experienced skiers and snowboarders. An informational meeting is held in October for students who are interested. Members are required to take lessons each week for the duration of the season. We travel on 5 consecutive Fridays (weather permitting) beginning the first Friday of January. There are 200 spots available and registration is on a first come first serve basis, with all necessary paperwork completed. Here is the website to watch for meeting and Club information: http://wlake.org/schools/whs/clubs/skisnowboard/Pages/default.aspx
Student Council	Student Council is the elected student government body in the school. Homeroom representative elections are held in the fall. Officers and representatives plan school-wide activities (such as dances and speakers), complete fundraisers and community service projects, and serve as the leaders in the building. Meetings are typically held every other Wednesday.
Wellness Yoga Club	Wellness Yoga Club is open to students in Grades 6-8. The club will consist of a yoga pose class and teaching/discussion which includes learning about breath work, self-regulation & managing anxiety/depression as well as learning about self-care/positive affirmations, essential oils, meditation, and many others. The club will run every Tuesday from September 10th-November 26th. This club does have a $180 fee. Registration forms are available in the main office.
Yearbook	Yearbook club meets twice per month and is responsible for photography and yearbook layout.