



What is Adventure Guides?

A YMCA family program designed for parents and children ages 5 to 12 years old.

Our Motto:

Friends Forever

Our Belief:

"The best thing you can spend on your child is ... YOUR time."

Who We Are:

The Lakewood YMCA Adventure Guides is also known as Lake Trail Nation (LTN). We are a group of about 60 families with over 150 members. Our members include single and married parents, grandparents, and of course, the kids we care about!

Why We Do It:

We provide opportunities where parents and children can spend enjoyable, constructive time together, fostering companionship and an understanding for a foundation to lifelong friendship. We build a sense of self-esteem and personal worth in both parent and child as well as create great life-long memories, develop new friendships, and most importantly have FUN!

What We Do:

The more you participate in Adventure Guides, the more you get out of it! You and your child choose the events that you wish to attend!

Some of our activities: Halloween Camp Out at East Harbor State Park, Moon Rock Bowling, Holiday Party, Game Night at the Y, Induction Camp out in the Metroparks, Pinewood Derby, Marching in the Lakewood July 4th Parade, Pool Parties, Hiking, Biking, Tent Camping, Camp Fitch (Winter cabin camping), Camp Y-Noah (Spring) and Ski Club.

To find out more about Adventure Guides and to sign-up, please visit us at Laketrailnation.com or email LTNAGYMCA@gmail.com.

Prospective members are also invited to join us for our 2019-2020 induction ceremony, at Bradley Woods Picnic Shelter beginning at 5 pm. Hotdogs and drinks provided. Please feel free to bring a dish to share.

There is an annual per family fee of \$70 for YMCA members and \$95 for non-members. Adventure Guides is a YMCA sponsored organization.

This activity is not sponsored by the Westlake City School District.