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# Anger

For Children

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Angry

by: Janine Amos

Tristan's Temper Tantrum

by: Caroline Formby

My Mouth is A Volcano

by: Julia Cook

How to Take the GRRRR Out of Anger

by: Elizabeth Verdick & Marjorie  
Lisovskis

Don't Rant and Rave on Wednesdays

by: Adolph Moser

Sometimes I Like to Fight, But I Don't Do  
It Much Anymore

by: Lawrence Shapiro

Stick Up for Yourself! Every Kid's guide  
to Personal Power and Positive Self-  
Esteem

by Gershen Kaufman, Lev Raphael and  
Pamela Espeland

Don't Be a Menace on Sundays! The  
Children's Anti-Violence Book

by: Adolph Moser

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# Anger

For Adults

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How I Learned to Control My Temper

by: Debbie Pincus

How to Talk So Kids Will Listen and  
Listen So Kids Will Talk

by: Adele Faber & Elaine Mazlish

Taming the Dragon in Your Child:  
Solutions to Breaking the Cycle of Family  
Anger

by: Meg Eastman

When Kids Are Mad, Not Bad: A Guide  
to Recognizing and Handling Your  
Child's Anger

by: Henry A. Paul